

NHS

WHAT'S BUGGING JOHNNY





Rub your hands and count
to fifteen, use the **soap** and
make them clean.

WHAT'S BUGGING JOHNNY

This book has been produced by health
and care partners in South East Essex to
help keep people happy and healthy.

Concept & writing by
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Johnny has lost his first tooth!

He can't wait to go
to school to show
all his friends.



Johnny's mum explains that the Tooth Fairy will come that night to take the tooth and might even leave some money under his pillow.

**“Make sure you go to the toilet
before we leave for school”
shouts Johnny’s mum.**

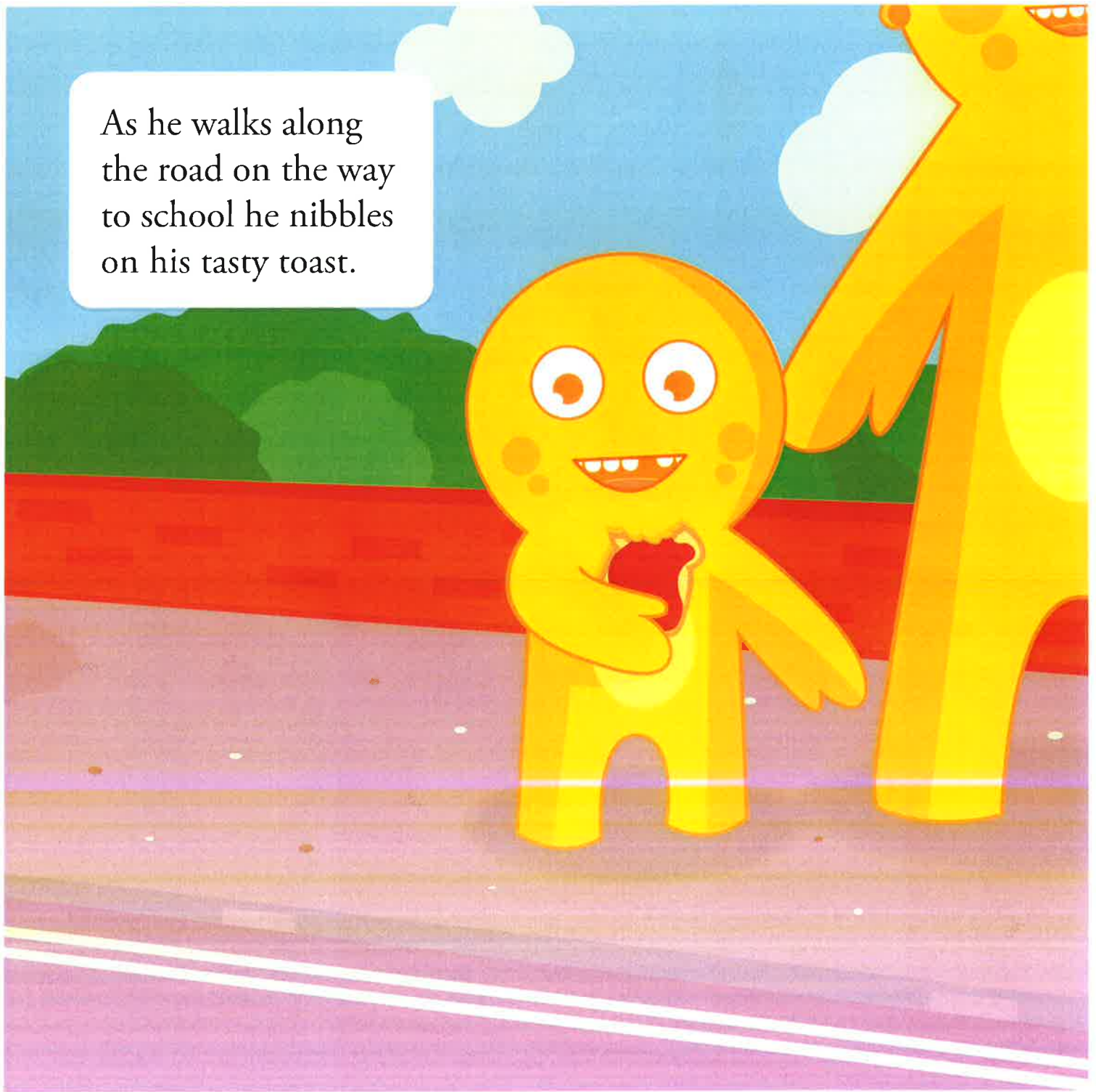


**“Don’t forget to
wash your hands!
Rub your hands and
count to fifteen, use
the soap and make
them clean”**

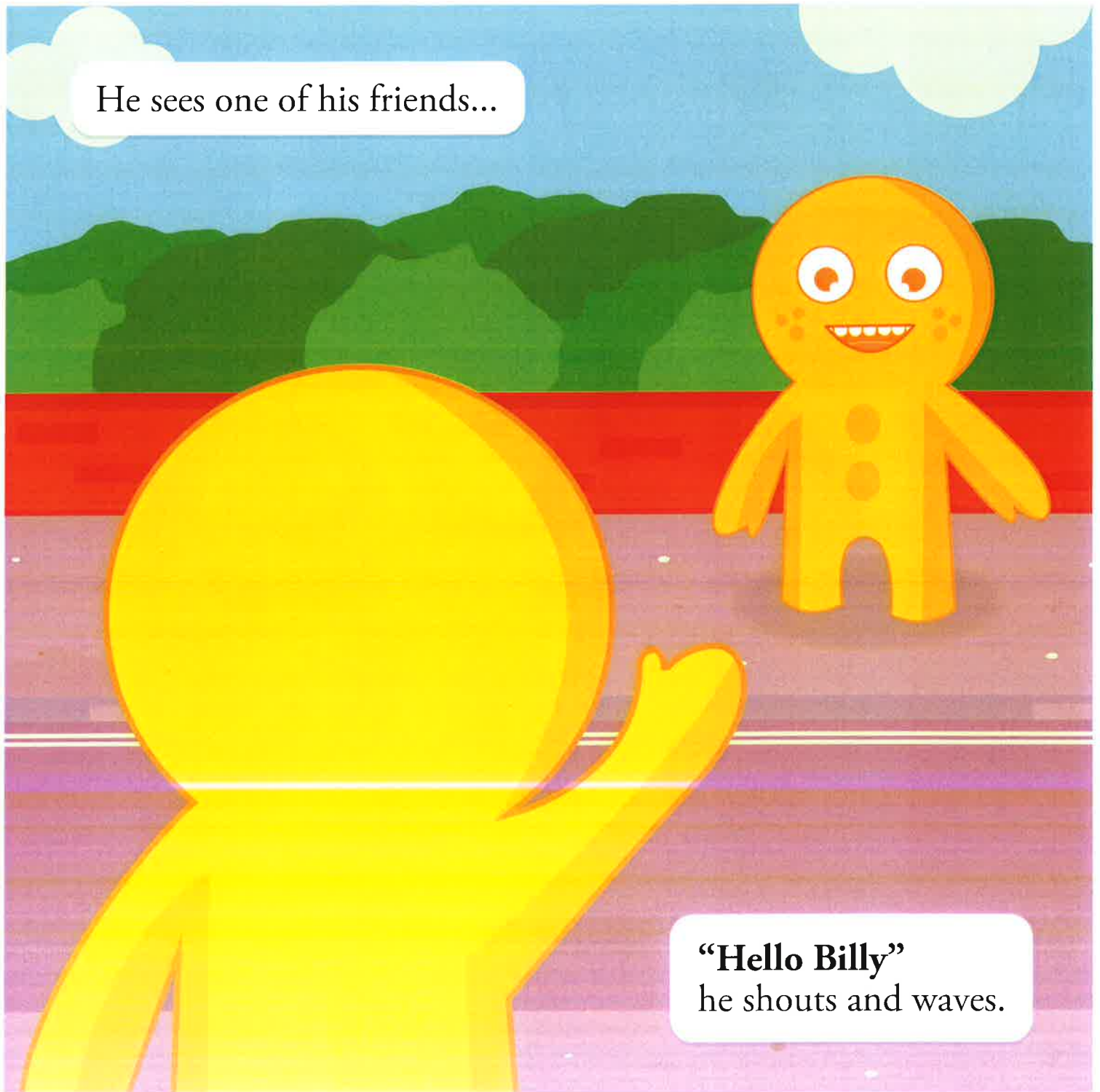
But Johnny gets distracted
looking at the gap left by
his missing tooth and
forgets to wash his hands.




As he walks along
the road on the way
to school he nibbles
on his tasty toast.



He sees one of his friends...



“Hello Billy”
he shouts and waves.

A cartoon illustration featuring a large yellow character named Johnny with a surprised expression, wide eyes, and an open mouth. He has a large yellow circle on his chest and is standing on a purple ground. To his right is a small yellow lion with a mane, also looking surprised. In the foreground, a piece of toast with red jam is on the ground. In the background, there is a red wall and a yellow coat rack with two coats hanging on it.

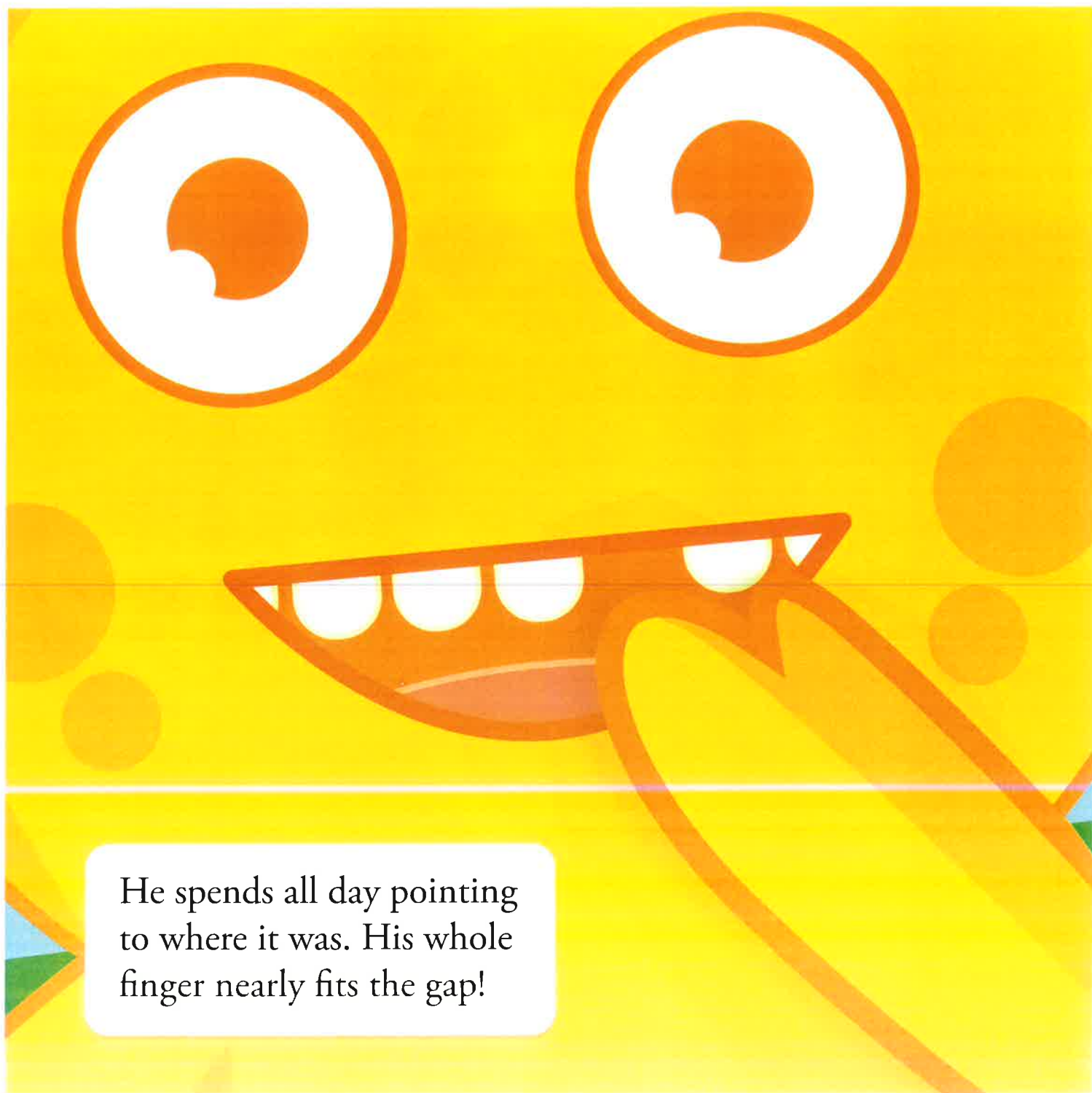
Oh no! Johnny drops his toast. He quickly bends down, picks it up and carries on waving.

The toast has only been on the floor for a second, and it doesn't look dirty, so Johnny carries on eating it.



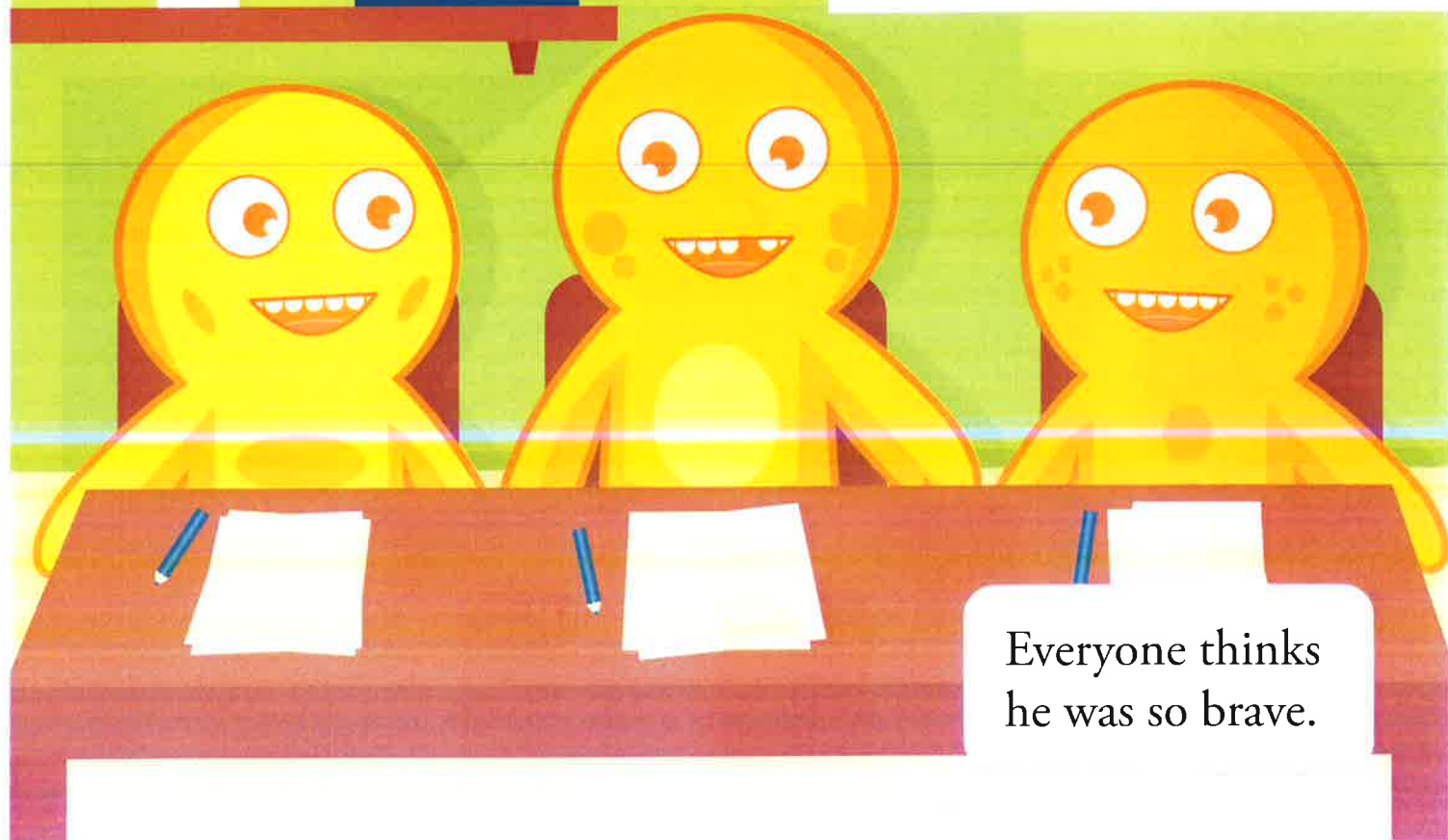


At school, everyone wants
to see the gap left by
Johnny's missing tooth.

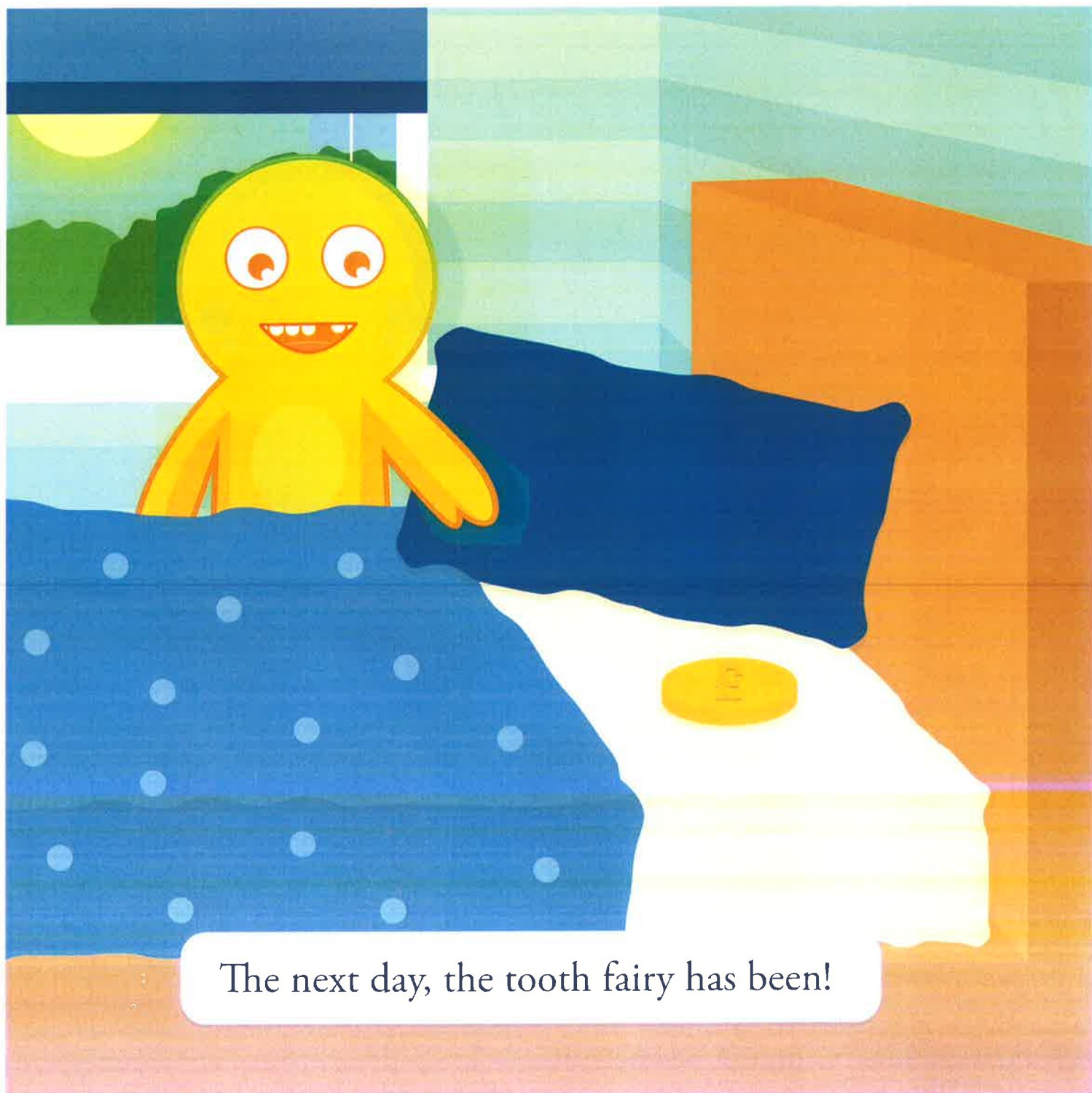


He spends all day pointing
to where it was. His whole
finger nearly fits the gap!

“It didn’t hurt”
Johnny says.



Everyone thinks
he was so brave.



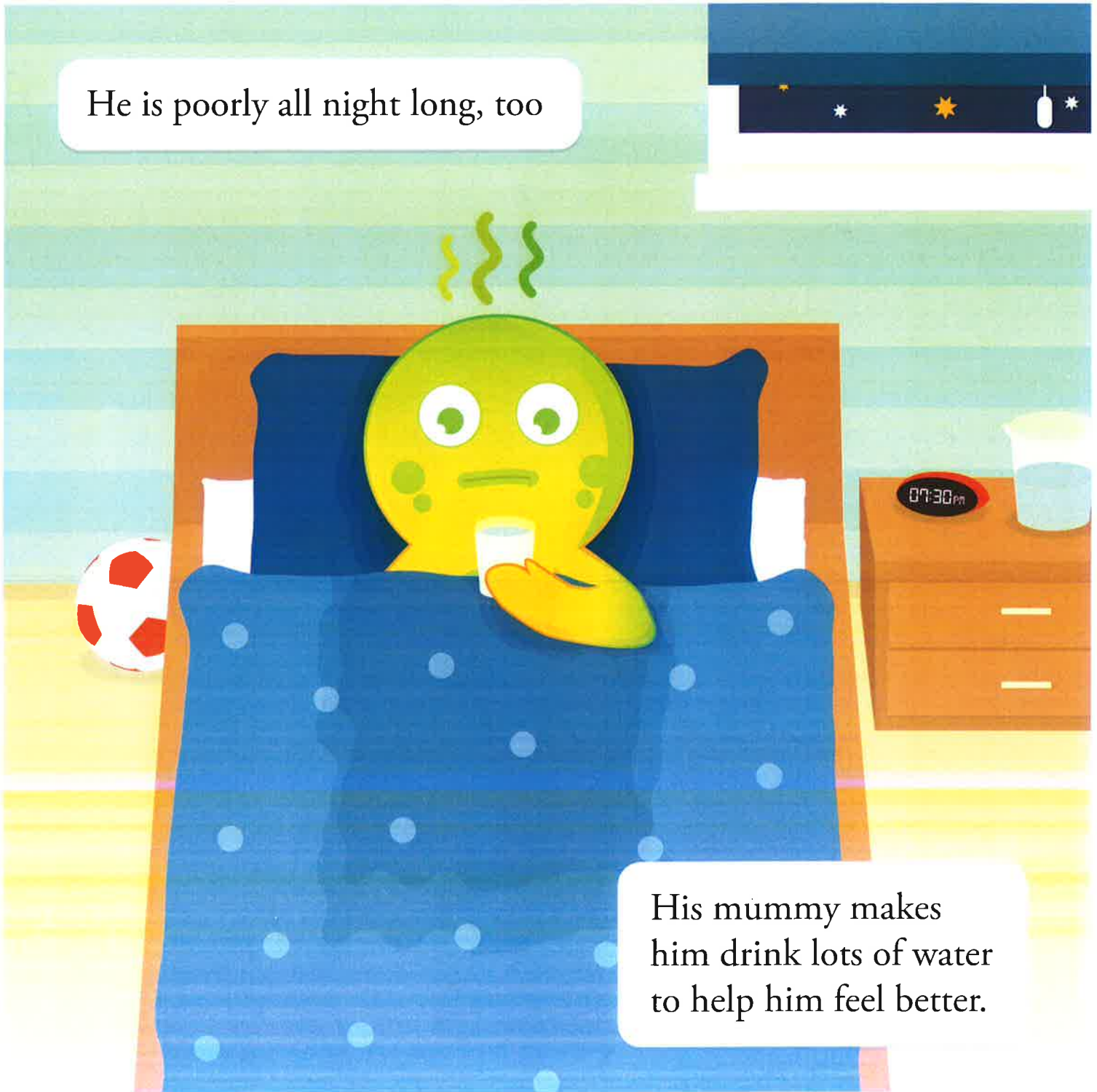
The next day, the tooth fairy has been!

But Johnny isn't feeling so brave anymore. He feels terrible!



He is poorly all day. His tummy rumbles and grumbles, and he tells his mummy he is going to be sick.

He is poorly all night long, too



His mummy makes
him drink lots of water
to help him feel better.

“Can we go to the toy shop before swimming and get a new toy with the money the tooth fairy left me?”

Johnny asks his mummy the next day.

TOYS

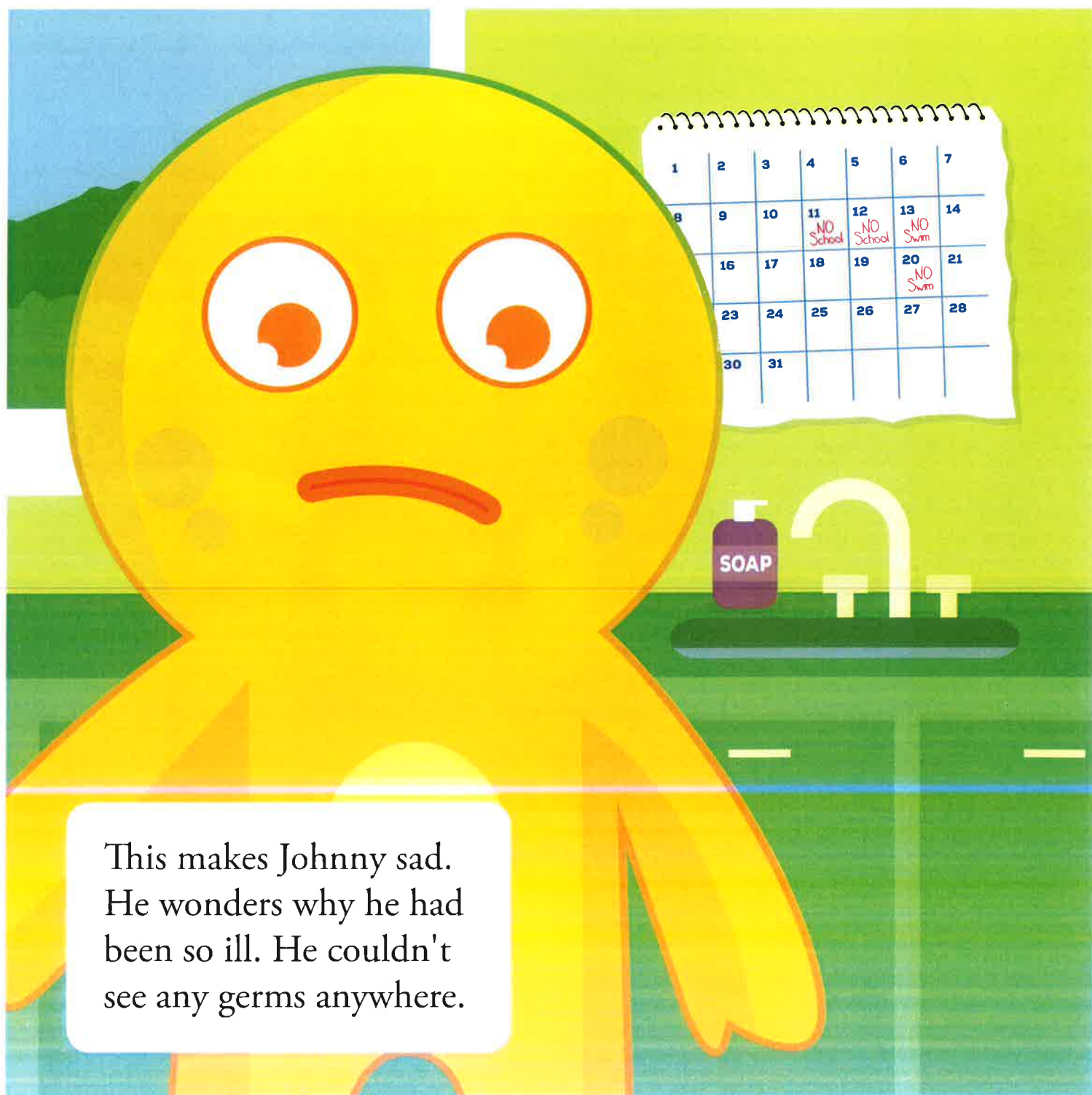




Johnny's mummy explains that even though he wasn't feeling sick anymore, he still had germs that he didn't want to pass on to all his friends.

In fact Johnny would have to miss school for two days and would have to miss swimming for two weeks!

1	2	3	4	5	6	7
8	9	10	11 NO School	12 NO School	13 NO Swim	14
15	16	17	18	19	20 NO Swim	21
22	23	24	25	26	27	28
29	30	31				

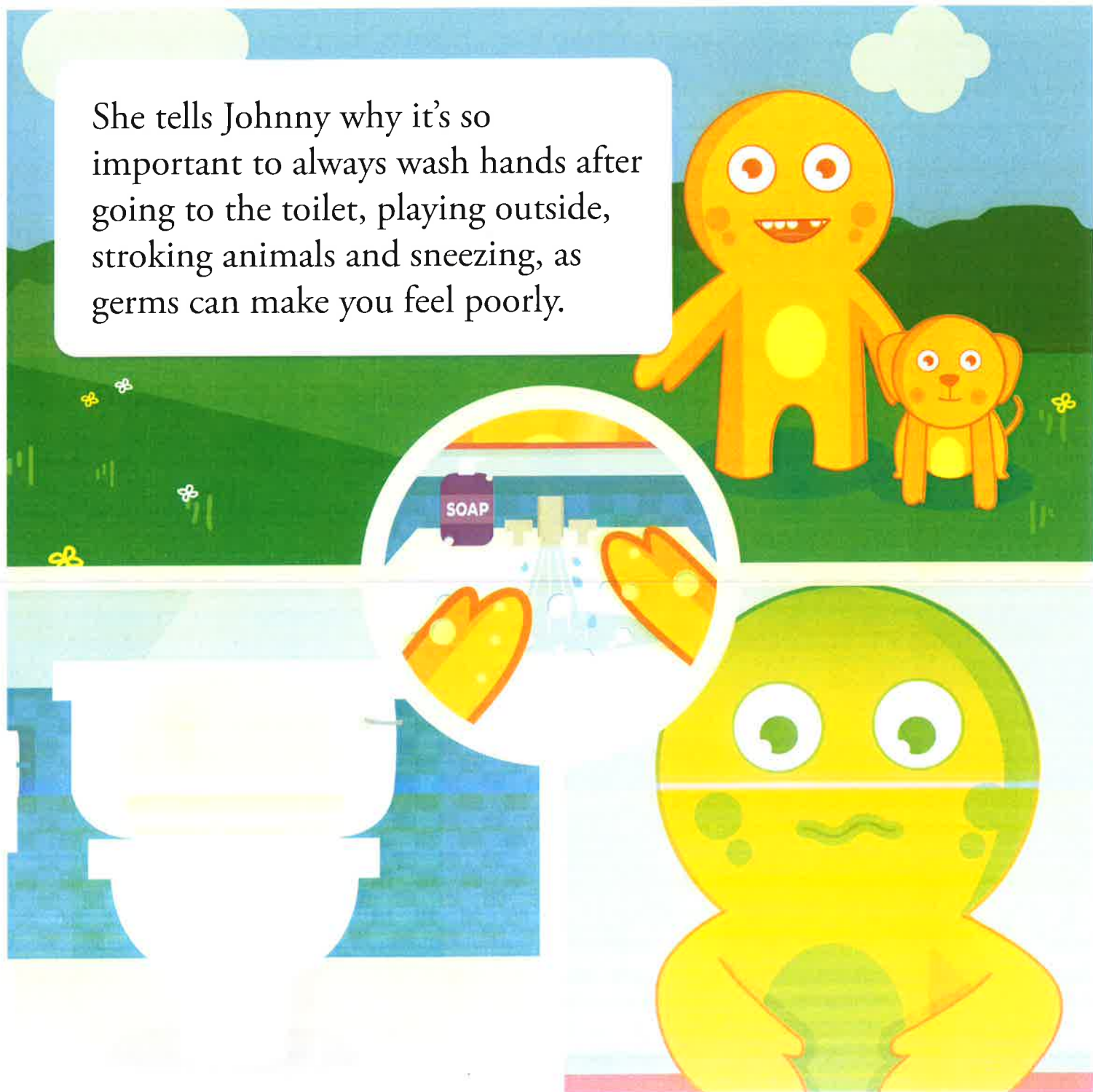


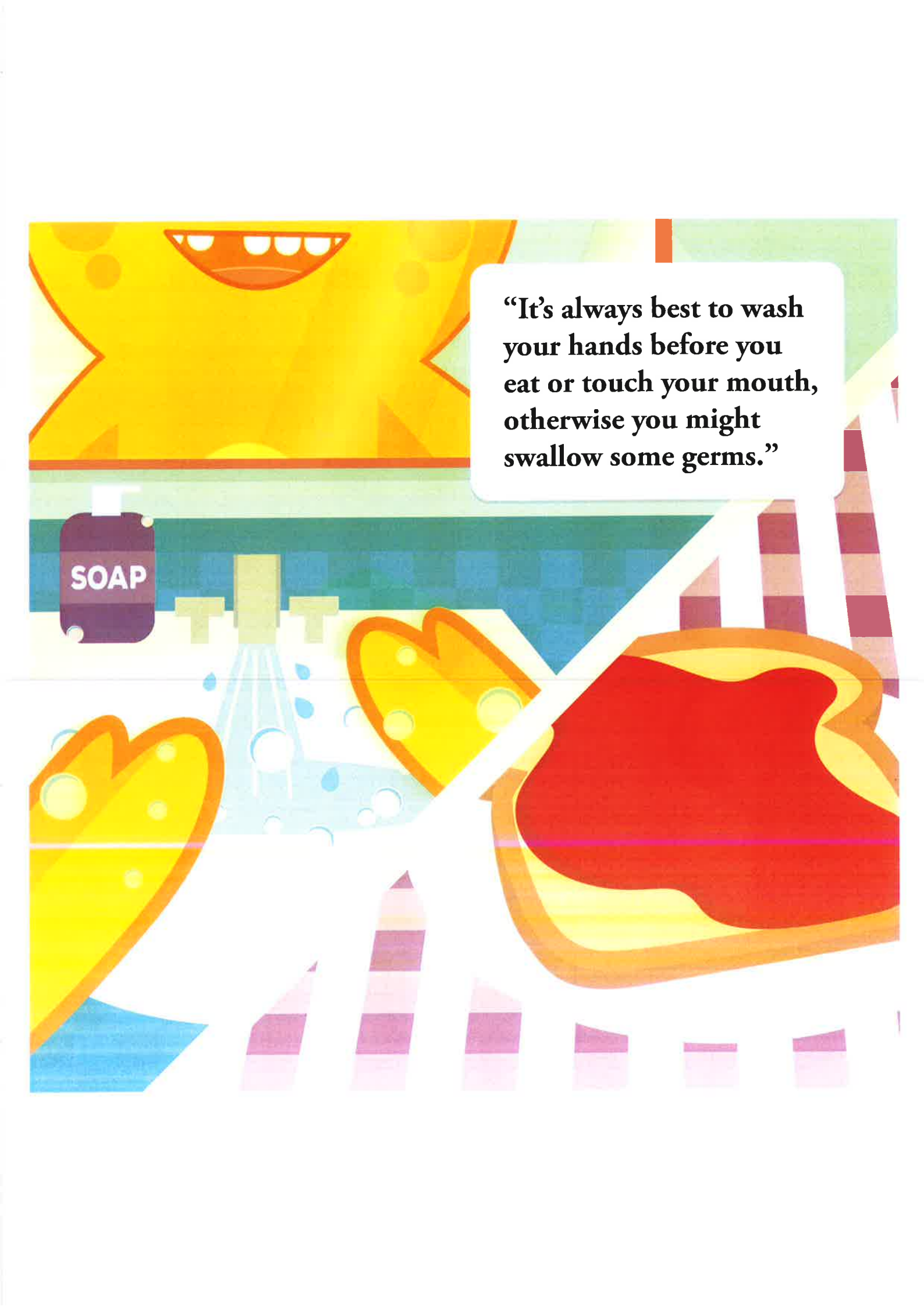
This makes Johnny sad.
He wonders why he had
been so ill. He couldn't
see any germs anywhere.



Johnny's mummy explains
that germs are like tooth
fairies: you don't see them
but you know they are there.

She tells Johnny why it's so important to always wash hands after going to the toilet, playing outside, stroking animals and sneezing, as germs can make you feel poorly.

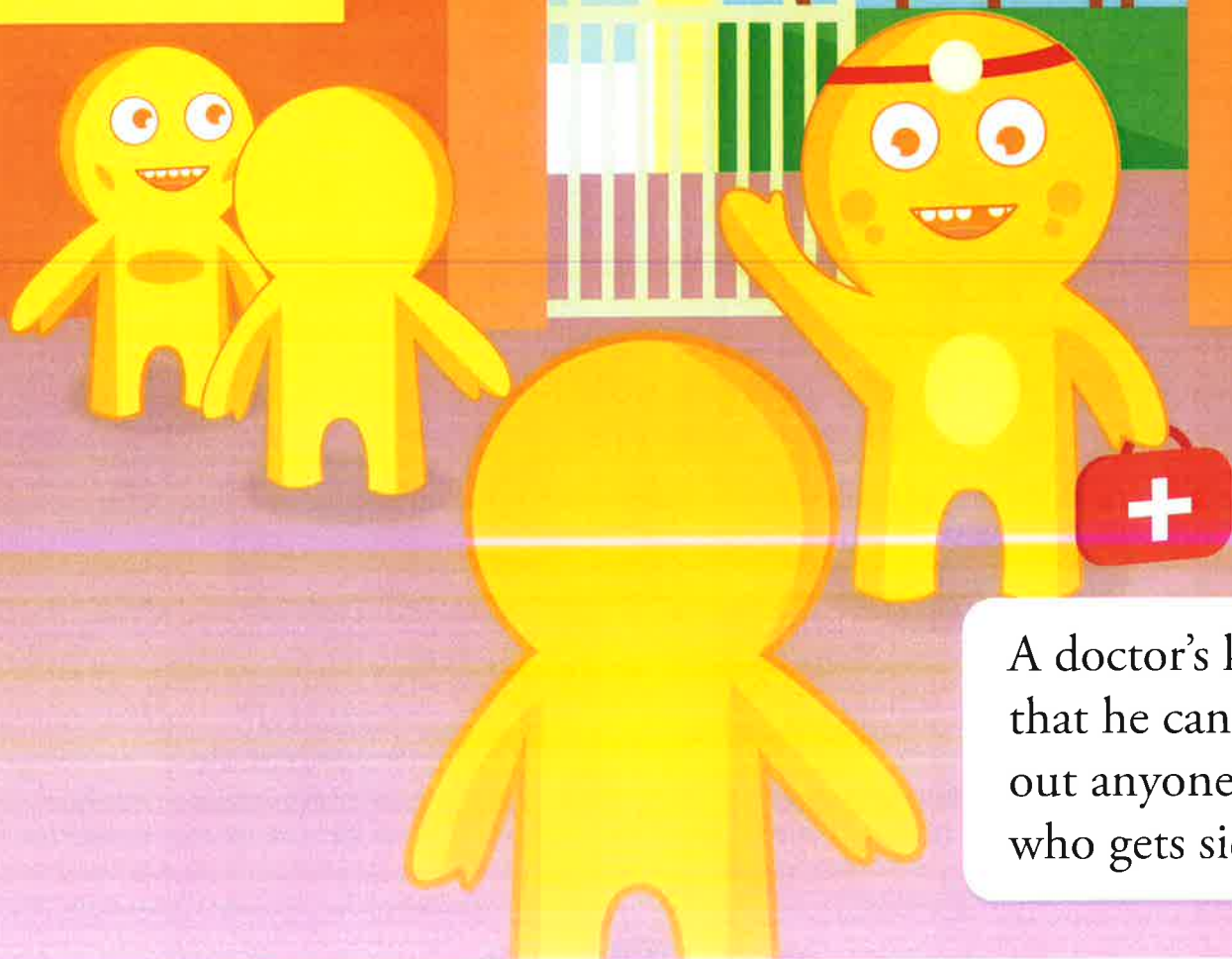




**“It’s always best to wash
your hands before you
eat or touch your mouth,
otherwise you might
swallow some germs.”**

After a couple of days Johnny feels much better and returns to school to show off his new toy...

YELLOW
SCHOOL



A doctor's kit so that he can help out anyone else who gets sick.

Johnny's lost his first tooth. He can't wait to show all his friends at school...

BUT IN HIS RUSH



Johnny forgot to wash his hands and now he has got a bug!



Read this fun, informative book to learn how to stop your children and yourselves from catching nasty bugs! There is also a handy parents guide, helping you find the right treatment and make the right choice.



created by **stormcreative.**